St Andrew's Church of England Primary School

(PE) 2026-2027

	Autumn Term		Spring Term		Summer Term	
Reception	**Playground Games/ Fitness** Children will develop their movement, coordination and teamwork skills through fun playground games and fitness activities.	**Dance** Children will explore movement, rhythm and expression through fun dance activities, helping to build confidence, coordination and creativity.	**Gymnastics** Children will develop balance, coordination, and body control by exploring different ways to travel, balance, and create shapes through simple gymnastics activities.	**Games (Ball skills)** Children will develop their throwing, catching, rolling, kicking, and aiming skills through a variety of fun games and activities that build coordination and confidence.	**Multi-Skills** Children will develop a range of fundamental movement skills, including running, jumping, balancing, throwing, catching, and coordination, through fun and varied activities.	**Athletics** Children will develop their running, jumping, and throwing skills through a variety of fun athletics activities that build speed, coordination, and confidence.
Year 1	**Playground Games/ Fitness/ Fundamental Movement Skills** Children will develop their agility, balance, coordination, and fitness through a range of playground games and activities that encourage running, jumping, throwing, catching, and teamwork.	**Dance** Children will develop coordination, rhythm, and confidence through creative movement activities, exploring different actions, shapes, and patterns in response to music.	**Gymnastics** Children will develop balance, strength, flexibility, and coordination by performing a range of controlled movements, balances, jumps, and simple sequences.	**Games (Ball skills)** Children will develop their throwing, catching, rolling, kicking, and striking skills through a variety of games and activities that improve coordination, control, and teamwork.	**Games (Invasion /Team)** Children will develop their passing, receiving, moving, and teamwork skills through simple invasion games that encourage communication, decision-making, and cooperation.	**Athletics** Children will develop their running, jumping, and throwing techniques through a range of challenges and competitive activities, improving their speed, strength, and coordination.

Year 2	**Games (Playground games)** Children will develop a deeper understanding of rules, tactics, and teamwork through a range of playground games, improving their agility, coordination, communication, and decision-making skills.	**Gymnastics** Children will develop greater control, balance, and body awareness by performing and linking a range of gymnastic actions, balances, jumps, rolls, and sequences with increasing precision and confidence.	**OAA** Children will develop problem-solving, teamwork, and communication skills through a range of outdoor challenges, learning to work collaboratively, follow instructions, and think strategically to complete tasks.	**Games (Invasion)** Children will develop and apply a wider range of attacking and defending skills, using simple tactics to maintain possession, create scoring opportunities, and work effectively as part of a team.	**Games (Striking & Fielding) Ball games** Children will develop their striking, catching, throwing, and fielding skills through a range of small-sided games, applying simple tactics and working cooperatively to improve performance.	**Athletics** Children will refine and apply their running, jumping, and throwing skills with increasing accuracy, control, and consistency, learning how to improve their performance across a range of athletic events and challenges.
Year 3	**Games (Net & Wall) Badminton** Children will develop their sending and receiving skills by learning how to strike a shuttlecock with increasing control and accuracy, applying simple tactics to sustain rallies and outwit an opponent.	**Gymnastics** Children will develop strength, flexibility, and control by performing and linking a range of balances, rolls, jumps, and movements into sequences with increasing fluency and precision.	**Dance** Children will develop their confidence in dance by creating and performing simple movement sequences, exploring rhythm, expression and space.	**OAA** Children will develop teamwork, communication, and problem-solving skills through a range of outdoor challenges, learning to plan, collaborate, and overcome obstacles together.	**Games (Striking & Fielding) Rounders** Children will develop their striking, throwing, catching, and fielding skills through a variety of rounders-based activities, learning how to work as a team and apply simple tactics in game situations.	**Athletics** Children will develop and refine the fundamental skills of running, jumping, and throwing, learning how to apply these techniques in a variety of athletic events and challenges.
Year 4	**Games (Net & Wall) Badminton** Children will develop their badminton skills by improving shot accuracy, consistency and	**Gymnastics** Children will refine and combine gymnastic actions, balances, and rolls to create more complex sequences, demonstrating	**Dance** Children will combine a range of movements to create more structured dance sequences, developing	**Swimming** Children will develop confidence and competence in the water by improving their technique in a range of strokes, swimming distances	**Games (Striking & Fielding) Rounders** Children will develop and apply a range of striking, throwing, catching, and fielding skills, using	**Athletics** Children will apply and refine their running, jumping, and throwing techniques with increasing control and consistency,

	court positioning, while applying simple tactics in rallies and competitive games.	greater control, coordination, and body tension.	coordination, timing and expressive performance.	of at least 25 metres, and learning essential water safety and self-rescue skills in line with the end of Key Stage 2 swimming expectations.	simple tactics to score runs, prevent scoring opportunities, and work effectively as part of a team.	beginning to compare and improve their performances across different events.
Year 5	**Games (Net & Wall) Tennis** Children will develop and apply a range of forehand, backhand, serving, and rallying skills with increasing accuracy and consistency, using tactics to outwit opponents and maintain effective court positioning.	**Gymnastics** Children will perform increasingly complex gymnastic skills and sequences, applying strength, flexibility, and precision while evaluating and improving their performances.	**Dance** Children will perform increasingly complex dance sequences, using dynamics, formations and musical awareness to communicate ideas and themes.	**OAA** Children will use advanced communication, planning, and decision-making skills to solve a variety of outdoor challenges, adapting strategies and supporting others to achieve success.	**Games (Invasion) Lacrosse** Children will develop and apply a range of passing, catching, carrying, and shooting skills using a lacrosse stick, while using tactical awareness, teamwork, and decision-making to maintain possession and create scoring opportunities**.**	**Athletics** Children will demonstrate increasing precision and effectiveness in running, jumping, and throwing events, applying appropriate techniques and strategies to achieve their personal best.
Year 6	**Games (Net & Wall) Tennis** Children will refine advanced tennis skills, including shot selection, positioning and tactical decision-making, while applying strategies effectively in	**Gymnastics** Children will confidently perform and compose sophisticated gymnastic sequences, demonstrating control, fluidity, creativity, and effective use of space and apparatus.	**Dance** Children will refine and perform sophisticated dance routines, demonstrating creativity, control and precision while using choreography and performance skills effectively.	**OAA** Children will confidently apply leadership, teamwork, and strategic thinking to a range of complex outdoor and adventurous activities, evaluating and refining their approaches to	**Games (Invasion) Lacrosse** Children will independently choreograph, refine and perform complex dance routines, demonstrating creativity, precision, control and effective use of space, dynamics and	**Athletics** Children will confidently select and apply advanced running, jumping, and throwing techniques, analysing and adapting their performances to maximise success in competitive and

	competitive match play.			achieve shared goals.	performance techniques.	personal challenge situations.